



**Melbourne
Park**
Medical
Centre

January 2015

Newsletter

New logo!

Introducing our new logo - we hope you like it!

New building

Well, just in case you haven't noticed, we've successfully moved into Phase 1 of our new building! It's been a busy time for us - but we hope you all agree it's been well worth it!

At present, the reception desk and waiting room are only temporary whilst the old building is completely re-modelled and re-furbished. Once the old site is complete it will house a new on-site pharmacy, a completely new waiting and reception area, as well as a Health Promotion room, patient toilets, baby change and baby feed. We anticipate this second phase will take upwards of 3 months to complete - and we're all really looking forward to working from the finished building!



On-line services

A reminder that we currently offer repeat prescription ordering on-line and some GP appointments available to book on-line. From the 1st April 2015 the practice is contractually required to allow on-line access to summary care record information to any patient who wishes it. This will include medication, allergies and drug reactions. Please ask at reception if you would like to sign up for one or more of these on-line services.



Influenza & Immunisation

The 'Flu' season is well and truly upon us, with the Flu virus definitely doing the rounds in the last couple of weeks leading up to Christmas. Remember that Flu is a very unpleasant illness that can give you a headache, cough, sore throat, fever, aches all over, as well as, sometimes, some tummy upset. For most people, who are otherwise healthy, there is generally little doctors or nurses can do once you have the Flu, other than advise you to take simple pain killers, such as paracetamol, and drink plenty of fluids.

However, if you are in an 'at risk' group, you are at increased risk of Flu complications, such as pneumonia. For this reason, you are strongly recommended to have a Flu vaccination each year to protect you. If you have not yet had your Flu' vaccination and think you are in an 'at risk' group (age 65 or over on the 31/3/15 and/or have a chronic health condition), it is not too late! Please speak to a receptionist who will be pleased to book an appointment for you with one of our Practice Nurses.



New Services

Now that we are in the new 'wing' of our building development, we have significantly more clinical space. As a result, we are now able to offer appointments for ECGs (an electrical heart tracing) for patients who require them, as well as Helicobacter Pylori Breath tests (a test sometimes requested by a doctor for patients with troublesome stomach problems).

And Coming Soon.....

Very soon, we will also be able to offer a full blood taking (phlebotomy) service for patients. Once this service is up and running you will be able to book routine, and urgent, blood test appointments here at Melbourne Park. We are currently in the process of employing a new phlebotomist to provide this service, and will let you know as soon as blood test slots are available to book.



And finally.....

We would like to wish all of our patients, and their families, all the best for a happy and healthy 2015!!!

....from everyone at Melbourne Park Medical Centre.

