

Melbourne  
Park Medical  
Centre

September  
2014

Newsletter



**New Partner** – We are delighted to welcome Dr Aasia Ahmed to our team. She will be joining us as a full time partner from the 8<sup>th</sup> of September. We are really looking forward to her joining the team at Melbourne Park Medical Centre and hope everyone will make her feel welcome.



**New building** – We should be moving into the first phase of our new surgery building towards the end of November. We are all very excited and cannot wait to move in! There will be a temporary reception and waiting room until Phase 2 of the building, which should be completed by March 2015. We thank you for your patience whilst we undergo these changes.



### Immunisations

**Seasonal Influenza Vaccination- Booking appointments now!** Once again we are NOT sending out invitations for flu vaccinations so if you think you are eligible for a flu vaccination please ask at reception. People at risk include: aged 65 and over, pregnant women, patients with Diabetes, Chronic heart, kidney, respiratory, liver or neurological disease, immunosuppression due to disease or treatment. We had a very good uptake last year and hope it will be even better this year helping to protect more people who are at risk of complications of flu.

### **2, 3, & 4 year olds – influenza vaccination roll- out**

GP practices are again delivering part of the planned national roll-out of flu vaccine to all children. This year we are inviting all children born on or after the 2<sup>nd</sup> of September 2009 and before or on the 1<sup>st</sup> of September 2012. Once the vaccine (which will be in the form of a nasal spray) is available we will be writing to parents to arrange an appointment in one of our special clinics.



**Pneumococcal Vaccine** - did you know that there is a 'one-off' vaccine against pneumonia, available to anyone in the 'at risk' flu vaccine groups, as well as those aged 65 and over? This will protect you from the commonest bacterial cause of pneumonia. If you have not had this vaccine it can be given alongside the 'flu vaccine (though not in our main 'flu clinics)- again please ask at reception.

**Shingles vaccine** – From the 1<sup>st</sup> of September anyone born between the following dates will be eligible for a shingles vaccination:

02.09.1943 to 01.09.1944

02.09.1935 to 01.09.1936

02.09.1934 to 01.09.1935

Other age groups will be introduced in future years to ensure that all people aged 70 to 79 are offered vaccination.



### **75 or over – consent forms**

We are currently asking all over 75s whether they give their consent to release information to the wider primary care team e.g Community Matrons, District Nurses, Community Rehab team. This information will only be shared when necessary for your care and is to improve integration between community groups. If you are 75 and over please ask for a consent form to hand in at reception.



### **Patient Participation Group**

We're delighted that our practice PPG continues to meet on a regular basis. The group is there to represent our patients' views and to contribute ideas to try and improve our services. There is a large PPG poster, explaining its role, in the waiting room. **Any issues or comments you wish to be discussed by the group can be placed in the PPG suggestion box in reception.**

We have had some retirements from the group and are currently seeking new members. Our next meeting is planned for later this month **If you are interested in joining the group, please fill in a slip at reception, or email Lynda Cotton our practice manager via: [NCCCG.84116@nhs.uk](mailto:NCCCG.84116@nhs.uk)**

